



Parenting made easier

Advice, support and information
to help strengthen families



ac.care

opportunities for life ... for rural people

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"I wouldn't be here today,
able to look after my
family if you hadn't
continued to help us."

**If you are facing difficult challenges caring
for a baby or primary school age child/ren,
Family Support can help.**

- Gain parenting skills, develop personal strengths and confidence, receive encouragement
- Understanding a child's development, manage behavior, effective communication and setting boundaries
- Budgeting, household and family organisation
- Experienced and understanding staff come to your home
- A 'family' is defined by any combination where an adult is caring for a child

**Family Support is available in the South East,
Riverland and Murrayland regions of SA**

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