

Parenting . *made easier*

advice, support and information
to help strengthen families

ac.care's Family Support

workers can help you:

- Enhance your parenting skills, develop personal strengths and confidence
- Understand your child's development and manage their behaviour
- Organise your household on a budget


An experienced and understanding ac.care worker can visit you in your home.

All ac.care Family Support workers are trained as Parents under Pressure (PuP) therapists.

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opportunities for life ... for rural people

est. 1986



ac.care acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

For an appointment or further information please contact us:

care@accare.org.au

Limestone Coast | 8721 3500

Murraylands | 8532 6303

Riverland | 8532 2344

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